

To Be A Woman Global Platform, Created to Help Women Rise Up Globally, Launches Signature Book with Sequels in Discussion to Focus on South African Women Artisans and Australian Aborigines

The book, entitled, “To Be A Woman: 31 Essences to Honor Yourself,” is the Signature Book in the Signature Soul Series™ Collection written by South African-born Vanda Teixeira, Founder and CEO of the To Be A Woman Global Platform, who is currently based in Atlanta.

Atlanta, Georgia: November 17, 2013—Amidst great fanfare and among guests representing all corners of the Earth, South-African born author, award-winning businesswoman and couturier, and futurist on the economic empowerment of women and the women’s economy, Vanda Teixeira launched her Signature “To Be A Woman” Book and her entire Soul Series™ Collection. The books were birthed to give women around the world a clear road map on how to awaken the power within them to release the blocks that get in the way of them achieving their goals and fulfilling their dreams. Guests of Honor included Dr. Gerald L Durley, renowned human rights activist and mentee of Dr. Martin Luther King Jr, and Dr. Felicia Mabuza (known as the Oprah of South Africa).

In the Soul Series Collection, Vanda shares her wisdom as a divine energy healer, particularly focusing on how women can raise their divine feminine energy to empower their lives, rebalance their life and relationships, and raise the love on the planet. Of the book, Dr. Durley said:

“It allows a woman to be who she is, who she was created to be...it allows her feminine side to be real. It also challenges a man to appreciate a woman. You don’t have to outdo men to be a woman. You can be a woman in the very essence of who you are. It’s so powerful!”

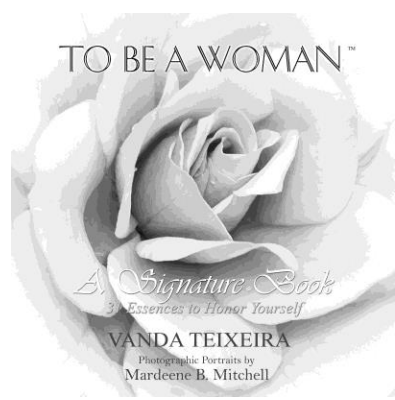
Dr. Mabuza agreed:

“Any society that wants to thrive needs to appreciate the power of a woman.”

Vanda adds:

“This book brings light to balancing our own differences and uniqueness as women and men. To share the magic of awakening each possibility within ourselves. To remind us that a woman is a spiritual life force, a Divine Being. Complex, beautiful, intellectual, emotional and pure intelligence in so many realms; physically contributing to the world every way she can.”

Along with each of the life-awakening 31 Essences to Honor Yourself, The Signature Book features spectacular black and white photos of women around the world at all stages of their life who are doing what Vanda refers to as “The WorQ” (which one could think of as Boot Camp for The Soul) to release the blocks in their life, empower themselves and rise to success and true fulfillment. The combination of divinely inspirational writing and stunning photography is unprecedented.



Two sequels have already been commissioned. They will feature the women artisans of South Africa who enable the economy to thrive, the influential women of South Africa who help give these women wings, and the companies who are investing in the economic development of the country. A second sequel is in discussion to feature aboriginal women of Australia who are enabling their rural economy to thrive.

To discuss commissioning a book to highlight the empowered and influential women of your country or region, please contact Lisa Petrilli, Chief Operating and Marketing Officer for the To Be A Woman Global Platform, using the information below.

About the [To Be A Woman Global Platform](#):

This global platform of empowerment was created to help women all over the world learn to empower themselves from within by reawakening their connection to their truest selves, releasing the fears, insecurities and old belief systems that get in the way of them achieving their goals and fulfilling their dreams, and then rise to success in all its forms.

About [Vanda Teixeira](#):

Vanda Teixeira is an Atlanta-based futurist on the economic empowerment of women and the women's economy. She is also an award-winning and internationally recognized business woman, entrepreneur, couturier, author of "To Be A Woman: 31 Powerful Essences to Awaken Your True Self and Transform Your Life," creator of Tools for Your Soul™, and intuitive, divine energy healer who has helped thousands of women rebalance and empower their lives to create unparalleled success for themselves and their organizations through her founded methodology of her WorQ. She is the Founder and CEO of Vanda Connect, Inc., which is the parent company of five global businesses including the To Be A Woman Global Platform. Today she continues to break down the bridges that disempower women around the world.

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